

## Retreat Topics

### **The Love of the Father, Son and Holy Spirit** *(Most popular retreat)*

If someone were to say to you “Show me where you find evidence of the Trinity in the Bible.” Would you be able to answer them? If someone said “What difference does the Trinity make in your faith and everyday life?” What would you say? During this series, we will attempt to answer these questions together. Find out why the Trinity is practical theology for your everyday life- how it can help you to be a better spouse, employee, friend and Disciple of Christ.

**Talk #1:** Biblical evidence of the Trinity and What the Trinity Reveals about the nature of God.

**Talk #2:** The Shared Life: Imitating the love of the Trinity in our lives (Our attitude towards ourselves and others).

**Talk #3:** The Shared Life: Power to Imitate the Trinity in our lives (Holy Spirit).

**Talk #4:** The Shared Life: Imitating the love of the Trinity in our church life together.

### **Rediscovering Prayer** *(Most popular retreat)*

Have you ever wondered “What difference do my prayers make? Does a sovereign, all-powerful God need our involvement or not? Is prayer really necessary? If God is going to do something regardless of whether or not I pray, then why should I pray? Why do some prayers go unanswered? How can my prayer life recover from the pain of unanswered prayer?” This series attempts to answer these questions by looking at different Bible passages to discover what they have to teach us about the importance and mystery of prayer.

**Talk #1:** Prayer: What? Why? How?

**Talk #2:** Silent Heaven: Pain of Unanswered prayer (Luke 11:1-13)

**Talk #3:** Drawing Near to God in your Prayer Life (James 4:1-10)

Instead of just talking about prayer, we will experiment together with new ways to pray.

**Creative Prayer workshops:** Experimenting with new ways to pray through **1) artistic expression 2) meditation on everyday objects 3) meditation on the rhythms of your life 4) meditation on photographs**

### **Christianity 101**

This series is perfect for a group of believers who want to brush up on the basics of their faith or are new believers. We will discuss the basic doctrines of the faith drawing on the book of Luke and many different Biblical texts. Optional: Each topic comes with study

questions (that can be done in preparation) and small group questions for discussion. This works well as a Confirmation retreat for youth, officer training, new members class or a need to re-learn Christian basics.

Choose from the following list of topics:

<b>The Bible</b>	<b>Holy Spirit</b>
<b>Creation/God's power</b>	<b>Church</b>
<b>Baptism</b>	<b>Salvation</b>
<b>Communion</b>	<b>Journey of Faith</b>
<b>Prayer</b>	<b>Death and Resurrection</b>
<b>Discipleship</b>	<b>Worship and Service</b>
<b>Sin/forgiveness</b>	
<b>Jesus</b>	

### **The Welcome of the Father, The Incarnation of Christ and the Power of the Holy Spirit**

This series looks individually at each person of the Trinity and challenges us to learn how we can become more like the Compassionate Father, how we can imitate the Incarnation of Christ and how the power of the Holy Spirit is more than just the story of Pentecost and is available to us every day.

**Talk #1:** Imitating the incarnation of Christ (Philippians 2)

**Talk #2:** Imitating the Incarnation of Christ Part 2

**Talk #3:** The Welcome of the Compassionate Father (Luke 15:11-32)

**Talk #4:** The Miracle of Pentecost: Then and Now (Acts 2:1-12)

### **Single Topic Talks (about 45 minutes)**

- Soul Satisfying Friendship: How to have one and be one
- The power of the Holy Spirit for busy moms
- Looking ahead to the Teenage Years: Godly parenting
- Seeking Wholeness in Body, Mind and Spirit
- The power of the Holy spirit for couples
- Imitating the Incarnation: a model for ministry and life

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